



NUTRITIONAL & ALLERGEN INFORMATION GUIDE

Chopsticks Express	Made Without Gluten*	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Contains Milk	Contains Peanuts	Contains Tree Nuts	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soy	Contains Eggs	Contains Fish	Contains Shellfish	Vegan	Vegetarian	Halal Certified Meats
Protein																								
Chicken Teriyaki	<input checked="" type="checkbox"/>	230	11	2	0	120	440	3	0	2	26							<input checked="" type="checkbox"/>						
Beef Stirfry		230	12	3.5	0	65	420	7	1	2	23				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Crispy Orange Sesame Tofu		220	10	2	0	0	300	14	3	1	18				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>		
Starch																								
White Rice	<input checked="" type="checkbox"/>	100	0	0	0	0	0	23	<1	0	2											<input checked="" type="checkbox"/>		
Vegetable Lo Mein		210	3.5	0	0	0	1360	38	<1	3	8				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>	
Vegetable																								
Garlic Broccoli	<input checked="" type="checkbox"/>	20	1.5	0	0	0	40	1	0	0	0											<input checked="" type="checkbox"/>		
Edamame	<input checked="" type="checkbox"/>	80	3	1	0	0	10	6	3	0	7							<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>		
Crunch																								
Fried Onion		40	3	0	0	0	15	4	0	0	0				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>		
Wonton Strips		35	2	0	0	0	55	4	0	0	1				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>		
Sauce																								
Yum Yum	<input checked="" type="checkbox"/>	170	19	3	0	10	150	2	0	1	0								<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	
Sweet Chili		40	0	0	0	0	200	10	0	9	0				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>		
Hoisin BBQ	<input checked="" type="checkbox"/>	70	2	0	0	0	600	13	0	11	0				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>	

If you have any food allergies or dietary restrictions, please speak with a member of our team. We are happy to assist and ensure your dining experience is safe and enjoyable.

Please note: Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen.

Nutritional information does not include additional condiments or ingredients.

*Made without gluten means the menu item is made with ingredients that do not contain gluten.

IMPORTANT: Foods prepared without gluten containing ingredients may not be 'gluten-free' since recipes are prepared in open kitchens where cross-contact is possible.